
JAYCEE SPIRIT

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A monthly publication of the Bismarck Jaycees

President

Lori Jepson

Year End convention was held in Minot January 18-20. I want to congratulate all of you on a third place finish in the parade of chapters!! You all put a lot of hard work into the past year. National President Denise O'Neil had some great training. One thing she talked about has stuck with me, and something I want commit to this next year.

President Denise talked about how she wants all of the information at the national level to be open and accessible. She wants all information to be available to all members for the asking. Many of you know what went on with our former National President and Denise is now trying to rebuild some of the misconceptions there is about the Jaycees.

It made me think about our local chapter and what I want to do this year. I want our local chapter to be open and accessible with all information. This is YOUR organization. Please feel free to call, e-mail or visit with me at any time. I am open to new ideas and things we can offer to our membership and the community. I am excited at the new faces I have been seeing at the last few meetings. I want us to keep growing and to become an organization that all young adults want to be a part of.

Thanks for all the hard work you have all put in and let's keep this chapter growing!

CONTACT INFORMATION

Phone: (701) 220 1243

E-mail: jaycees@bismarckjaycees.com

Website: www.bismarckjaycees.com



Membership Vice President Judy Bauer

Hello fellow Bismarck Jaycees!

January has come and gone by so quick and now February is almost half over! Where is the time going?

We have had a lot of activities going on in the last couple of weeks. Membership bowling night was fun and it was good to see so many faces come out in the cold to bowl. Speed dating was an adventure in itself, but was a great success with some love matches. We had quite a few Jaycees help with the event and even some brave ones who participated in dating. A big THANKS to everyone for helping out or just showing up. I was busy "dating" so sorry if I was unable to visit with all of you. Leif and Connie's Superbowl party was also a great time with a lot of people and great food. Thanks Leif and Connie for opening your house and big screen to us!

As promised, I have another exciting membership night planned for February. This month we are having a Leap Day Party! As you may have already guessed, it is on February 29. The event will be held at the Sertoma building and starts at 6:30. We will be building our own pizzas and playing games. Everyone is invited to bring their own pizza toppings (pizza dough and sauce will be provided) and beverage. Also, please bring your favorite game to play. I am sure that Speed Scrabble will be part of the mix. We could also play leap frog in the snow! Please feel free to bring potential members and your families. Hope to see everyone there!

Have a great February!

Judy Bauer
2008 Membership Vice President

Individual Development Vice President Leif Olson

This month I bring you a couple of different items to help you stay healthy.

The No. 1 killer of women and men in North Dakota, heart disease, is largely preventable. No matter what your age or where you feel you are in your life, the best time to take action and get heart healthy is always right now. Know your numbers. Track your blood pressure, cholesterol, glucose, and weight and keep them in a healthy range. Go to www.americanheart.org to find more information on how to prevent heart disease.

Carbon monoxide poisoning is a big danger this time of the year. You may have heard of the story of the Hultbergs by now. They were found passed out in their Bismarck home last month due to carbon monoxide poisoning from a hole in the heat exchanger of their furnace. Symptoms of carbon monoxide poisoning include headache, dizziness, flushed skin, disorientation, troubled thinking, abnormal reflexes, shortness of breath, fainting and convulsions. Exposure to the gas also can cause coma and death. They had a carbon monoxide detector in their house when the odorless, colorless gas nearly killed them, but it wasn't plugged into an outlet. People are urged to have at least one working carbon monoxide detector on each level of their home or business, preferably placed in bedrooms. If you do not have at least one in your home, I highly recommend that you go out and get one as soon as possible.

Stay healthy!
Leif Olson
ID VP

CALENDAR OF EVENTS

GENERAL MEMBERSHIP MEETING
SERTOMA PARK BUILDING, BISMARCK
TUESDAY FEBRUARY 12
7:30PM

WII PARTY
JIM & JANITDA'S HOUSE
1453 EASTWOOD ST. BISMARCK
SUNDAY, FEBRUARY 24
2:00PM

MEMBERSHIP 'LEAP DAY' PIZZA/GAME
PARTY
SERTOMA PARK BUILDING, BISMARCK
FRIDAY, FEBRUARY 29
6:30 PM

Happy February
Birthday/Anniversary!

POLO SHIRTS FOR BISMARCK JAYCEES

Good News Bismarck Jaycees!

We now have a great option for our very own Polo Shirts, including Bismarck Jaycees logo and optional website url.

The shirts are khaki, and are available in men's (up to XXXL) & lady's styles (up to XXL). The Bismarck Jaycees logo is located on the front left shoulder area, and you can include bismarckjaycees.com on the right arm. Cost is \$20 plus tax; and add another dollar to include the website.

"Cool!" you say. "How can I get one?" you ask. Well, say & ask no more...about this anyways ;-)

They are available for you to order from Dakota Screen Arts in Bismarck – 1013 S 12th St, or call 701-224-9879. Let 'em know you are with the Bismarck Jaycees and they should be able to hook you up with an awesome new shirt. Be sure to find out how long it will take to have it done (up to two weeks or more possibly) and arrange to pick it up & pay for it...no need to coordinate through the Chapter or anyone else. You can do it!

If you have problems or other questions about this process call or email me.

Dakota Screen Arts is giving us a pretty good deal for a great quality shirt. Please continue to help support our supporters when possible!

Jim Mueller, 2008 Chairman of the Board

Bismarck Jaycees

701-220-1221

jimm@bis.midco.net



Jaycee Creed

We Believe:

That faith in God gives meaning and purpose to human life.

That the brotherhood of man transcends the sovereignty of nations.

That economic justice can best be won by free men through free enterprise.

That government should be of laws rather than of men.

That earth's great treasure lies in human personality.

And that service to humanity is the best work of life.

Speed Dating

The Bismarck Jaycees Speed Dating event was held on January 31 at Peacock Alley. We had a great turnout for both "daters" and members. A good time was had by all and matches were made. Love was definitely in the air that night. Even though some of the daters got mixed up, it was a great night and turned out to be very successful. We even had three new members sign up. Our enthusiasm must be contagious! A big "THANKS" to Tiffany, Dennis, Lorrie, Sarah, and Erica for helping run the event. You did an awesome job. Thanks to those of you who stopped by as well. It was good to see so many of you come out. Also, thank you to Lorrie and Sarah for graciously participating by dating since we were short on women. Thanks for being such great sports and helping us out!

We had numerous inquiries about speed dating and I think we could hold this a couple times throughout the year. There were also comments about breaking it up among age groups. These are some things to look at for the next event.

Thanks again to everyone for helping out and "dating"!!

Judy Bauer
2008 Membership Vice President

2008 Bismarck Jaycees

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