

# Bismarck Jaycees

## Jaycee Spirit Newsletter

November 2011  
Issue

### PresiVent

As I sit back and think about this organization, I realize that there is a purpose. I have done everything almost kicking and screaming and I hate everyone when I'm done. But then, I come back and do it again. I am a glutton for punishment. With every accomplishment deserves a moment of reflection and celebration of course. I know I set big goals and I might not achieve every one of them and I feel like a failure or I feel that someone has failed me. But did I really fail? I don't think there is any such thing in the Jaycees. I know now how to do it better. Now that you know how to do it better, are you going to do the same task so you can knock it out the park? Yes, that is an option. Or maybe you can challenge yourself to take the next step. Whether it be a bigger project or a different board position or teaching a class, or mentoring a new member. Whatever your next big step is, I challenge you to step out of your box and take a risk. Even if you hate every second of it, you will come out learning something.

It was great having past president, Pat Groce come and speak at our last meeting and to know that there is a team of support of other past Jaycees that have been through it and willing to help. Sometimes all you need to do is ask. Asking can be hard but it's always helpful. Our problems are not unique but often people leave before they find out the solution or maybe they didn't ask how to solve the problem.

The end of the year is coming but we still have stuff to do. There are 3 casino nights

with MDU, BNI Coal on Dec 3rd and with Red Trail Energy on Dec 16th. We need all hands on deck plus some friends for these events. Please get with Lyle if you would like to help out. We also have the Salvation Army Bell ringing. Please contact Tiffany for more information. Our annual Christmas Show will be at 3:00 pm on Sunday Dec 18th at Simile Middle School. This is a great event to take the kids to. We still start setting up at 1:00. Be there or be square.

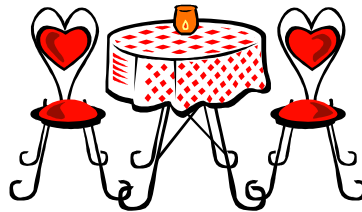
Have a great holiday season,

Rachele Hall

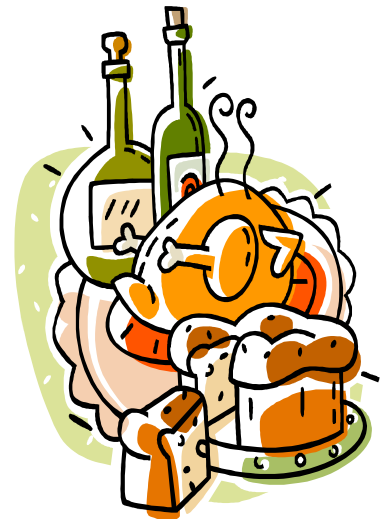
President

Currently seeking a chair person for

### Speed Dating.



## Thanksgiving



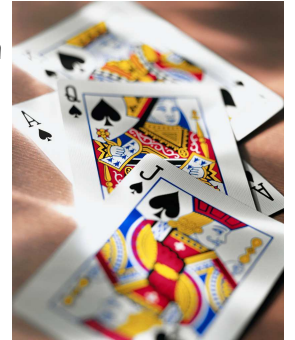
## Calling All Jaycees!!!



Hey Bismarck Jaycees -

Your chapter needs your help. As many of you have heard, we have a very large Casino Night coming up at that beginning of next month. We are going to be providing the entertainment for Christmas Parties for both MDU and BMI Coal. These events are both going to be at the Ramkota. One is going to be downstairs and one is going to be upstairs. We need approximately 20 people to run this event. Duties are going to include running tables, handing out money and relieving people for breaks. So please, please,

please if you can help out at all that night, it would be greatly appreciated! Both events are two hours long. One is from 8-10pm and one if from 9-11. Even if you can help out for just an hour we can use all the help we can get. Casino nights are one of the biggest fundraisers and the word is getting out that we are doing this because we have four events planned for the months of December and January. If any of you can help, please let one of the Executive Board members know and they will give you more details.



## Congratulations!!

Bismarck Jaycees are happy to announce our new executive board for 2012. During our last meeting we nominated and members accepted to be on the board next year. We have almost a full board at this time. We do have one slot left open and that is Community VP, so if you are at all interested in being on the Jaycee Board, please come to the meeting on December 13th at Sertoma and give us your information!

CONGRATULATIONS TO:

2012 President - Tammie Scott

2012 Management VP - Jim Muller

2012 Individual Development VP - Sarah Hall - Simpson

2012 Secretary - Carey Goetz

2012 Treasurer - Grant Miller

## Calendar of Events

### November

**November 4th - 6th - Convention @**

**Doublewood inn w/ Matt Booth**

**November 8th - General Membership**

**Meeting @ 7:30 PM @ Jaycee Leadership Hall**

**November 16th - 501 & Karoke Night at**

**Captain Freddie's**

### December

**December 3rd - Casino Night for MDU & BNI**

**Coal**

**December 13th - General Membership**

**Meeting @ 7:30 - Sertoma Park**



## Shift Yourself from Observer to Participant

No doubt you have heard the old saying, "Change happens". This is true, change happens every minute of our lives. In fact, one of the best things about life is that no two days are ever the same. Yet for many of us, we have a difficult time dealing with change because we are observers of change, and not participants of change.

Change is often rewarding, exciting and dynamic – for those that are *making* it happen. How can you take control and shift your life from being merely an observer who has to deal with change happening around him to a participant who is **the catalyst** for change in their life and others?

I'm going to let you in on a little secret: **You can make change happen by simply changing your way of thinking.** Don't believe me? Try this for one week, seven short days, and then come back and read this article again. I think you will be surprised at how you made a shift in your life, but also have helped make a shift in the lives of others around you.

**For the next week I want you to put aside every obstacle that gets in your way.** Don't ignore it, but just resolve to deal with it without being frustrated or thinking that it is insurmountable. For the next seven days I want you to approach every problem, challenge and opportunity with a smile and find a creative solution for it. Some of it will be easy, for example if the boss wants to give you a raise (yes, that's a change!), and some won't be as easy – you have a project a co-worker dumped on you with only two days to get it done. All I'm asking is that you try.

You are going to discover something happening here. By shifting your way of thinking, you are not becoming a participant of change. Your positive attitude is going to influence not only you, but everyone around you. Your family will notice, your coworkers will notice – even the guy who sells you your morning coffee is likely to notice! You have had a paradigm shift and all it took was for you to approach every situation with a positive attitude. Now let's take it farther than that – let's be a participant in change in life all around us.

**What is a one-year goal in your life?** Don't have one? Well get one! Think of something you would really like to change in your life within the next year – be it something *about* you (weight loss, smile more, work out at the gym) or something *around* you (get a new car, find a job in a field you love). Now here is something that most people don't know and why so many people fail at making change happen in their life – **they try to do it without a shift in the way they think and act.** I'm here to tell you right now that you aren't going to lose weight by eating at McDonald's every day and you are certainly not going to land that dream job by sitting around waiting for the phone to ring. Everything in your life requires you to be the catalyst of making it happen. You have to lead the revolution!

So you want to lose weight – who doesn't? How can you be a participant in making that happen instead of someone who sits around hoping that the magic weight loss fairy comes and visits in the middle of the night? You can start by changing your way of thinking! Are you the type of person who *just has to* go out with the gang at lunch every day? How about if you put that energy to better use – using that lunch hour to visit the local library, work out at the company gym, or just get outside and explore the city. Believe it or not, this is how you start changing – by modifying your behavior. I guarantee you that if for one month you changed your lunch behavior you would see the weight dropping. Before you now it, CHANGE has happened!

**You have the power to generate huge shifts in your life** -- whether it is financial, emotional, personal or career wise. Even more, you have the power to **help others change** as well. When people see you making changes in your thinking or actions and shifting your life in the right direction they naturally want to be a part of that change. You could be the catalyst to creating a change revolution in your own house!

So, now it's your turn. What are you going to do today, right now, to facilitate a shift in your life? Don't just nod your head and leave – take some time to write down what you want to do. Change happens – are you going to be part of the revolution?



# Jaycees offers opportunities

ALYSSA MEIER  
JUNIOR EDITOR

Most organizations are aimed at a certain type of person, whether it is a wellness center, a clothing store, or even a restaurant, but one group has made it possible for different kinds of people with different interests to come together. Jaycees, an organization established nearly 100 years ago, offers the opportunity to gain experience in nearly any area of life.

“Jaycees is a young persons leadership training organization for people ages 18 to 40,” Jaycees’ 2011 National President Joanie Cramer said.

The Jaycees was founded by an 18-year-old Missouri man in 1920 as a junior chamber of commerce. At the time, many young men were dropping out of school after sixth or eighth grade to work on farms.

Jaycees was created to aide young people in learning valuable life skills and contributing to society,

even if they lack a proper education. This was done by individuals sharing their own personal knowledge with the other members of Jaycees.

“By learning from one another, they could bond together and help out their community,” Cramer said.

Many influential people in history were Jaycees, including United States President Bill Clinton, the founder of Domino’s pizza Tom Monaghan, and most members of the Kennedy family.

Jaycees has 10 chapters in North Dakota, is in 44 of the 50 states and 120 countries across the globe. There are currently around 22,500 members. The organization helps people around the world learn through projects and group activities.

“When you’re done with a project, you evaluate,” Cramer said. “What went right; what went wrong; how can we improve it for next time?”

Members are not evaluated on performance in projects, or in attendance. Jaycees is organized so that people get what they want out of it. They are allowed to go to whatever activities they want and skip any others that don’t interest them.



Photo by Eithan J. Arlien

Joanie Cramer in the Mystician Office being interviewed.

“If you aren’t interested in the monster truck rally or the derby, you don’t have to do that,” Cramer said. “But if you want to go paint, or to a pottery class or poetry night, go to that event.”

Attendance is also something that is not very

important to the Jaycees. It is understood that many members are in school, working, or with kids, so coming to every event isn’t always possible.

“Come when you can, leave when you have to,” Cramer said.



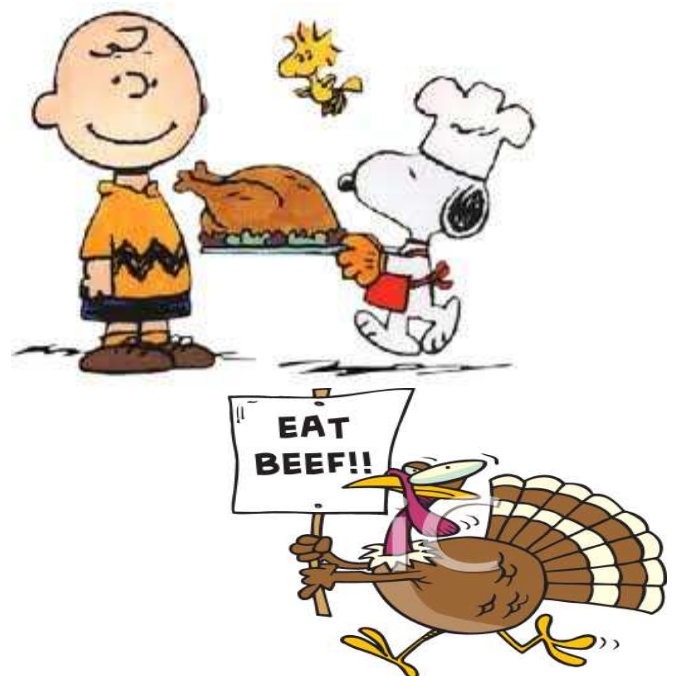
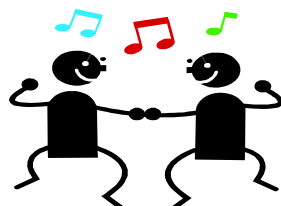
## Membership Corner

Once again we have planned a fun-filled night of Karaoke. Please come out and sing your favorite tune with your Jaycee Friends. If you have any one else that you would like to come out please invite them. As always we are looking for potential members. We don’t have a lot going on for events this month but next month we are going to be very busy!

We have several casino night events planned that we need all the help we can get for. This is a great way to introduce people you know to the Jaycees and help out with this fun event. Casino nights consist of running tables and networking with the company we are working with. If you know of anyone who would like to network with a large Bismarck company, please come and invite a friend to help out.

Hope to see many of you soon!

Lance Eide, Membership VP



## Bismarck Jaycees



### The JAYCEES of BISMARCK, NORTH DAKOTA

#### CONTACT INFORMATION

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**Bismarck, ND 58501**

## 2011 Executive Board

President	Rachele Hall
COB	Leif Olson
Community Dev. VP	Tiffany Peterson
Individual Dev. VP	Ben Stewart
Membership VP	Lance Eide
Secretary	Tammie Scott
Treasurer	Chris Ziegler
Webmaster	Leif Olson

**Come help out for our Casino Nights  
Next Month! Contact an Exec Board  
member for more information!**

## Jaycee Creed

**We Believe:** that faith in God gives meaning and purpose to human life.

That the brotherhood of man transcends the sovereignty of nations.

That economic justice can best be won by free men through free enterprise.

That government should be of laws rather than of men.

That earth's great treasure lies in human personality.

And that service to humanity is the best work of life.

